

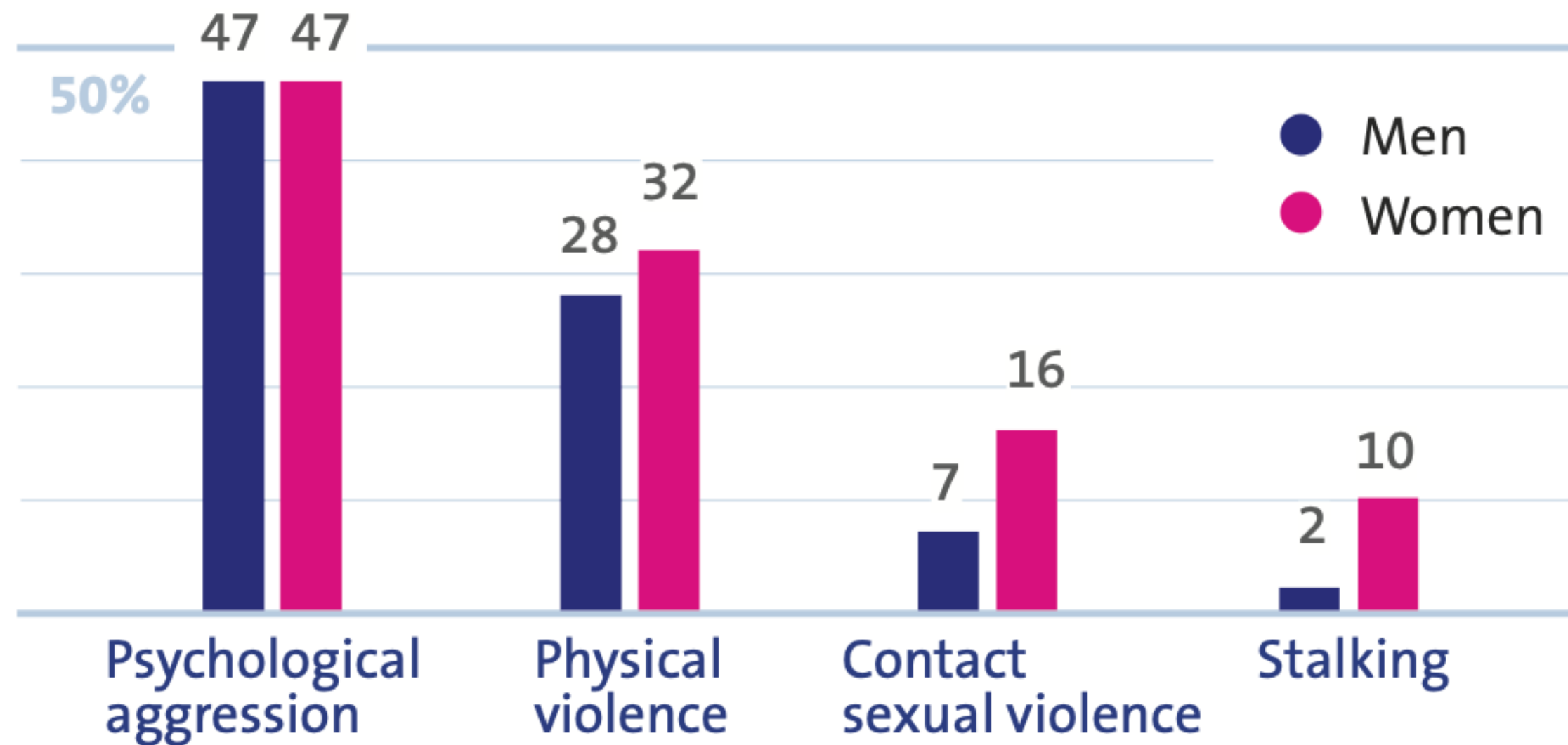
Intimate Partner Violence (IPV)

Caitlin Smith

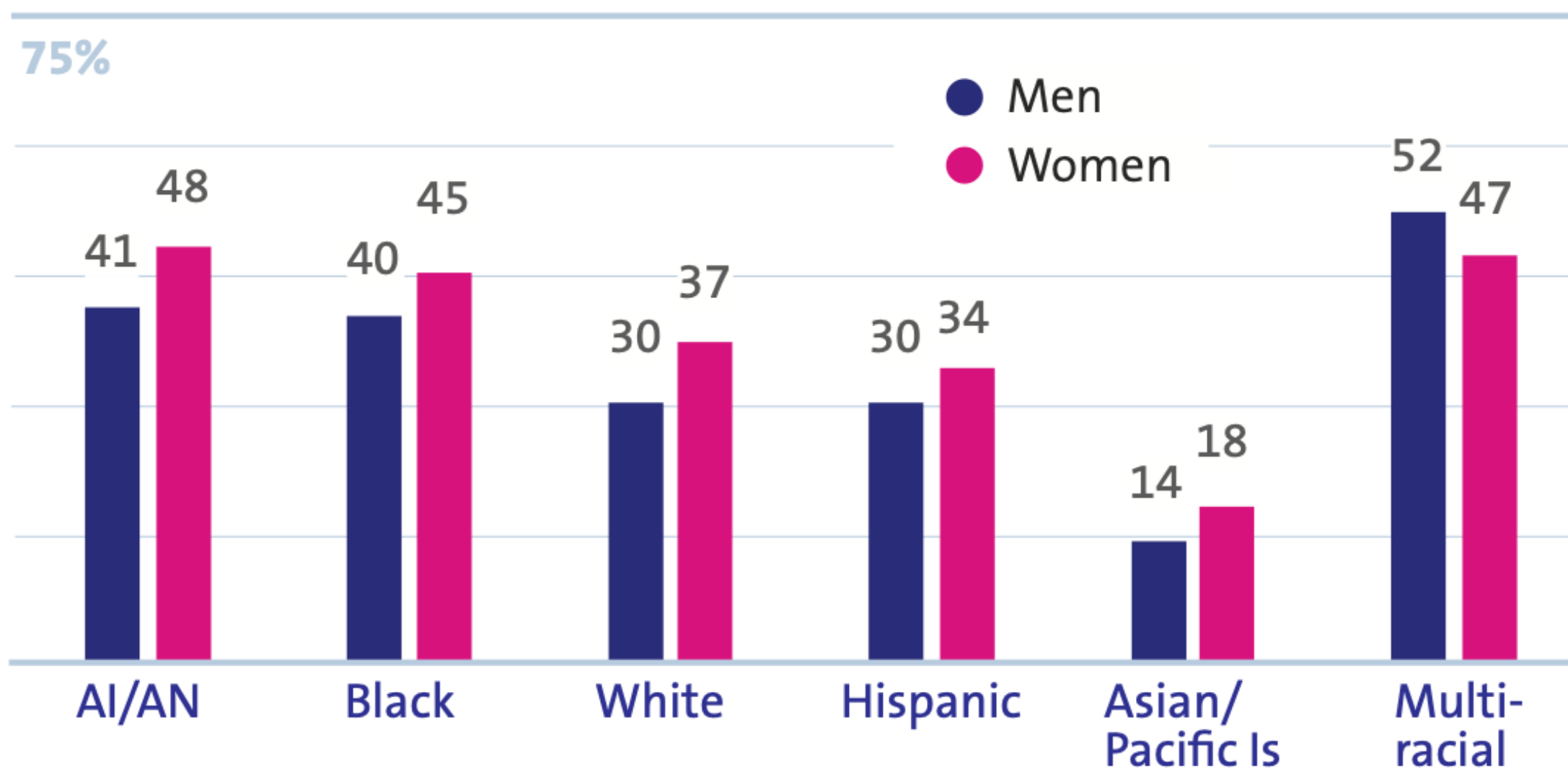
Demographics

Lifetime Estimate of Intimate Partner Violence^B

by sex and type of victimization



Estimate of Intimate Partner Violence^B *by race/ethnicity and sex*



More Statistics

"Women between the ages of 18-24 are most commonly abused by an intimate partner"

"Only 34% of people who are injured by intimate partners receive medical care for their injuries"

"Between 21-60% of victims of intimate partner violence lose their jobs due to reasons stemming from the abuse"

Concerns

Physical Safety

Personal & Children's safety, Stalking, Weapons, Citizenship

Children

Custody, Obligation to provide two parents, Babysitting costs

Privacy

Court, Police, Stigma

Mental Health

Stress, Anxiety, Depression, Suicidal, Guilt, Loneliness, Fear

Finances

Job Security, Divorce, Housing, Babysitting

Loss/Lack of Support

Disapproval from Friends, Family, Culture, Religion

Help-Seeking

"women appear to be most likely to use private strategies, such as placating or resistance, to combat IPV. This is significant, considering that IPV survivors also rate informal support strategies and many formal support strategies as more helpful than private strategies"

"Rose et al.'s (2000) qualitative interviews with IPV victims revealed that few women spoke with their parents about their abusive situations.... Instead, girlfriends were most often identified as a source of emotional support and as most helpful."

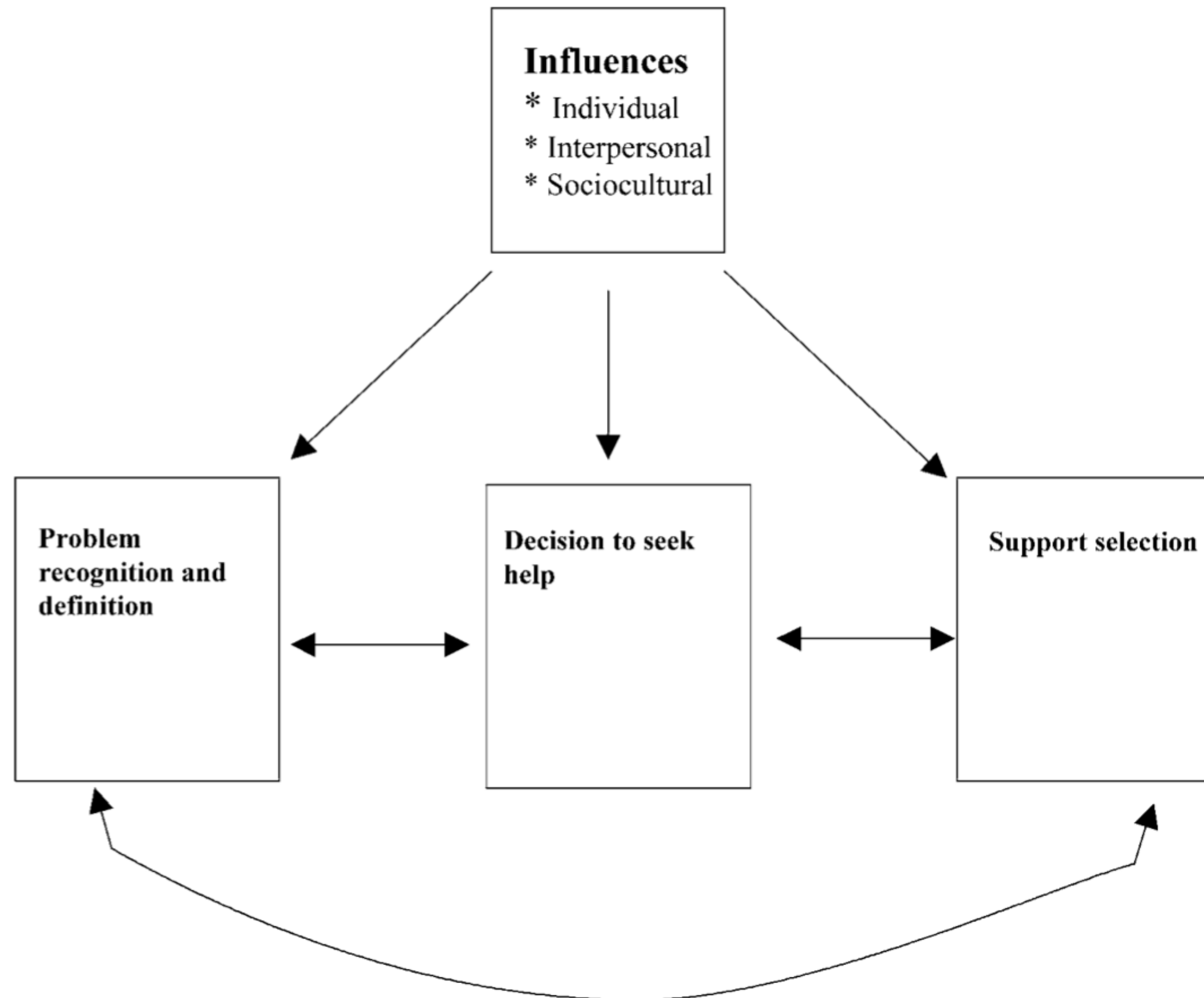


Fig. 1. A model of help-seeking and change.

General Recommendations

"because most battered women who seek help do so through informal sources, it would be helpful if information related to IPV, its emotional and physical consequences, and access to formal supports were disseminated to community groups, religious institutions, adult education programs, and self-help groups."

General Recommendations

"address the problem as these women define it, rather than as the helpers define it.... for some women, IPV may be an out and out violation of the self, with the only possible outcome being separation and punishment of the abuser. For other women, IPV may be perceived as the result of stress caused by poverty, and thus the idea of leaving their partners may be unthinkable and further cause for stress (and continued abuse)."

Goals

- Provide Information
- Offer Help
- Gather Evidence

Obstacles & Solutions

Problem Recognition

"victims' definitions shift over time, depending on how ready they are to make changes in their lives and vice versa"

"victims have been shown to doubt themselves and cognitively reconstruct past violent episodes, reframing and redefining their meanings"

"a woman who has a different, more welcoming reception from, and more consistent exposure to, a diverse group of people in mainstream culture, may be more inclined to alter her definition of her role in intimate relationships, and relatedly, her appraisal of an abusive situation"

Problem Recognition

Obstacles

- Self-blaming
- Guilt
 - Obligation to care for abuser
 - Compare their abuse to more serious cases and feel ungrateful
- Different definitions of abuse
- Victims reconstruct their stories/memories of abusive events --> Self-Doubt
- Sociocultural influences may not be supportive and increase self-doubt or obligation to stay with abuser
 - Culture
 - Religion
 - Family
 - Friends

Solutions

- Screening tool/test
- Information about the types of abuse
- Journal
- Online Community

Isolation

"two common themes that prevented women from seeking support: a pattern of cautious relating to others, and seeing the self as isolated."

"Many women question the cultural sensitivity of mainstream service providers. These women feared being misunderstood and marginalized by formal agencies... although shelters in the United States have become more diverse, many African American women seeking help continue to ask themselves "If I go outside my community, will I be the only Black person there?""

Isolation

Obstacles

- Fear of disapproval from others
- Fear of being the "only one"
- May have neglected external relationships due to stress and fear of abuser
- Abuser may keep them isolated
- Value privacy
- Don't want to bother others

Solutions

- Online community
 - Ability to remain anonymous
 - Subgroups based of abuse type, culture, gender, etc.
- Option to contact a professional with the understanding that they don't have to be ready to initiate a plan to leave yet
- Ability to speak with survivors to hear their stories and challenges

Choosing Help

"The type of support a woman chooses will...be influenced by her coping and relational styles, as well as by her cost-benefit analysis of the situation.... women with problem-focused coping styles may be more likely to manage their situation by choosing a legal intervention or escaping to the homes of family or friends. Likewise, women with emotion-focused coping styles may seek out social support (e.g., friend, therapist, or religious leader) in order to obtain help regulating their distress"

"Women with more resources often have more options for action available to them, and are therefore freer to define certain situations as unacceptable or intolerable"

Choosing Help

Obstacles

- Too many options
- No time to research thoroughly
- Overwhelming
- Different coping mechanisms
- Different definitions of their problems
- Mental strain affects decision-making
- Lack of resources

Solutions

- Pre-made action plans
 - Subgroups that match the different needs, concerns, and values of the victim
 - Ex: Court vs. Organization vs. Independent
 - Pros & Cons summaries
- Test to check user's preferred coping mechanisms
- List of resources available to victims

Gathering Evidence

"They're [Victims are] often accused of suffering the after-effects of abuse—things like cognitive impairment, memory problems and paranoia—and their testimony can be called into question as a result."

"An app called ICE BlackBox allows you to record a video and then automatically stores it in the cloud and sends it to your "in case of emergency contact" to prevent it from being destroyed.

Gathering Evidence

Obstacles

- Might not know what kind of evidence to gather
- Needs to stay discreet
- Evidence Storage

Solutions

- Provide information about best methods and a list of evidence options
- Set up trusted contacts that the evidence will be immediately sent to via a cloud service so no evidence is stored on the victim's device
- Ability to record while using other apps

Data Storage/Privacy

"survivors also need to consider the possibility that an abuser has installed spyware on their computer, phone or other devices. This could allow an abuser to see what a survivor is storing or sending, such as evidence."

"Survivors who collect evidence—audio or video recordings, screenshots of text messages, threatening emails, a diary or log of abuse—should not keep that evidence in a place where the abuser can find it, like at home. This not only places the survivor at additional risk, but the abuser will most likely make sure that evidence never sees the light of day if discovered."

Data Storage/Privacy

Obstacles

- Search history
- Activity Tracking/Spyware
- Evidence Storage

Solutions

- Have all the information in the app rather than linking to outside sources that might be added to browser history, or...
- Provide a warning before directing the user away from the app
- Password protected
- Safe exit on websites
- Detect spyware

Appearance

×



stripedrabbits, 20/03/2019

Good idea but too obvious

As soon as someone selects a language, they're taken to a screen abuse abuse support.
You should:

- put in some fake weather content
- provide details (on this page, and when you install the app) on how to navigate to the abuse support content

×



NurseKel80, 24/01/2022

Confusing

Struggling to work out how to use it! I can
Only see weather.

The reviews indicate that individuals have been put into further danger due to issues with
the app.

I hope the creators have addressed this.

Appearance

Obstacles

- Download History
- App Icon
- Name
- Contents

Solutions

- Fake Homepage
- Ability to change the app icon

Diverse Audience

"The type of support a woman chooses will...be influenced by her coping and relational styles, as well as by her cost-benefit analysis of the situation.... women with problem-focused coping styles may be more likely to manage their situation by choosing a legal intervention or escaping to the homes of family or friends. Likewise, women with emotion-focused coping styles may seek out social support (e.g., friend, therapist, or religious leader) in order to obtain help regulating their distress"

"Women with more resources often have more options for action available to them, and are therefore freer to define certain situations as unacceptable or intolerable"

Diverse Audience

Obstacles

- Gender
- Religion
- Culture
- Age
- Economic class

Solutions

- Inclusive visual and verbal communication
- Careful about imagery
- Universal icons
- Language options
- Choose a font that allows multiple languages
- Allow for mirroring in UI for languages that read left-->right or right-->left

Summary

Information

- Screening tool/test
- Test of preferred coping mechanisms
- Types of Abuse
- Stories from survivors

Help

- Action Plans
- Trusted Circle of Contacts
- Texts for help

Evidence

- Send evidence elsewhere
- Record audio discreetly
- Journal of abuse

Visual Research



Domestic Violence Information 17+

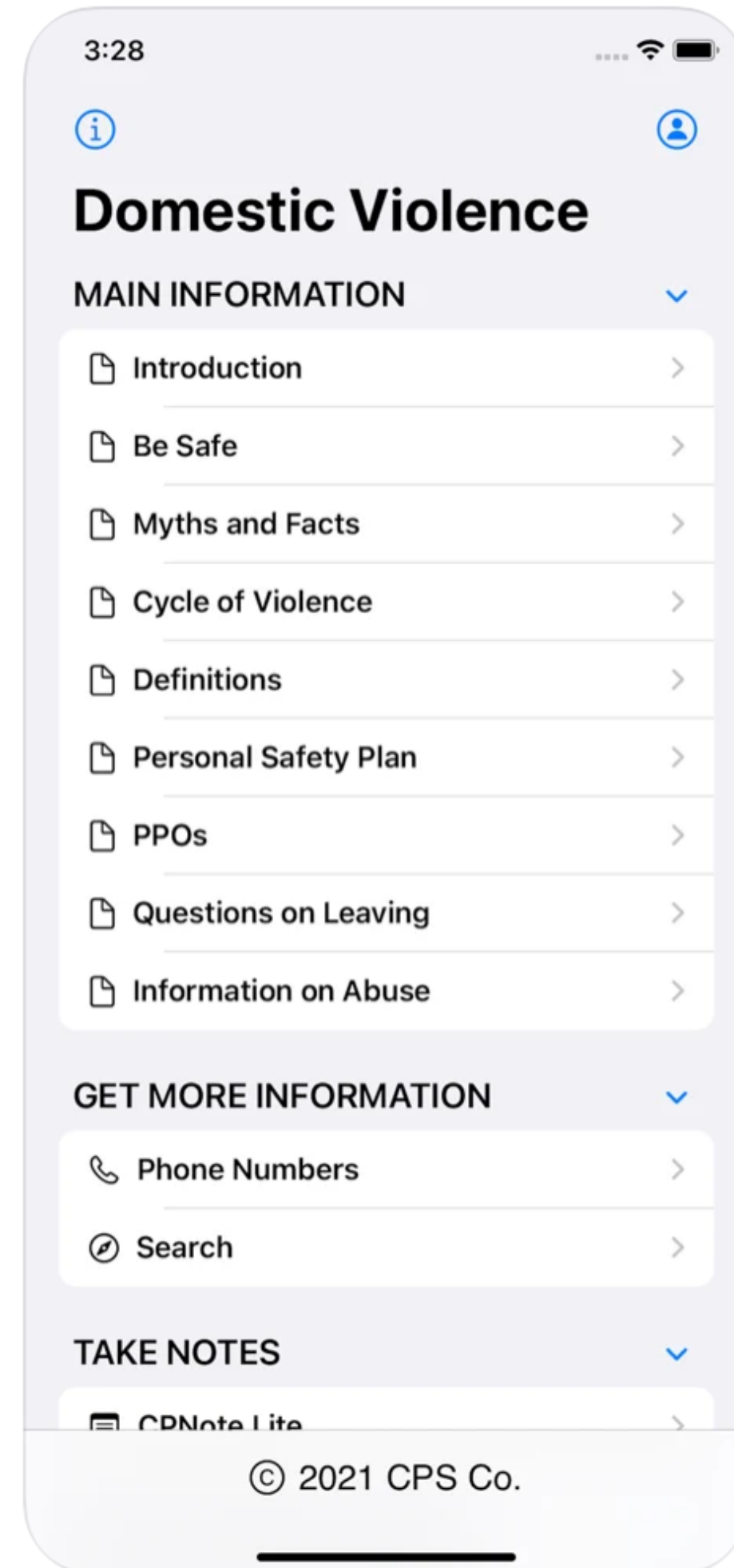
Connecting People Software

Designed for iPad

★★★★★ 5.0 • 3 Ratings

\$0.99

[View in Mac App Store ↗](#)





Aspire News App 4+

When Georgia Smiled

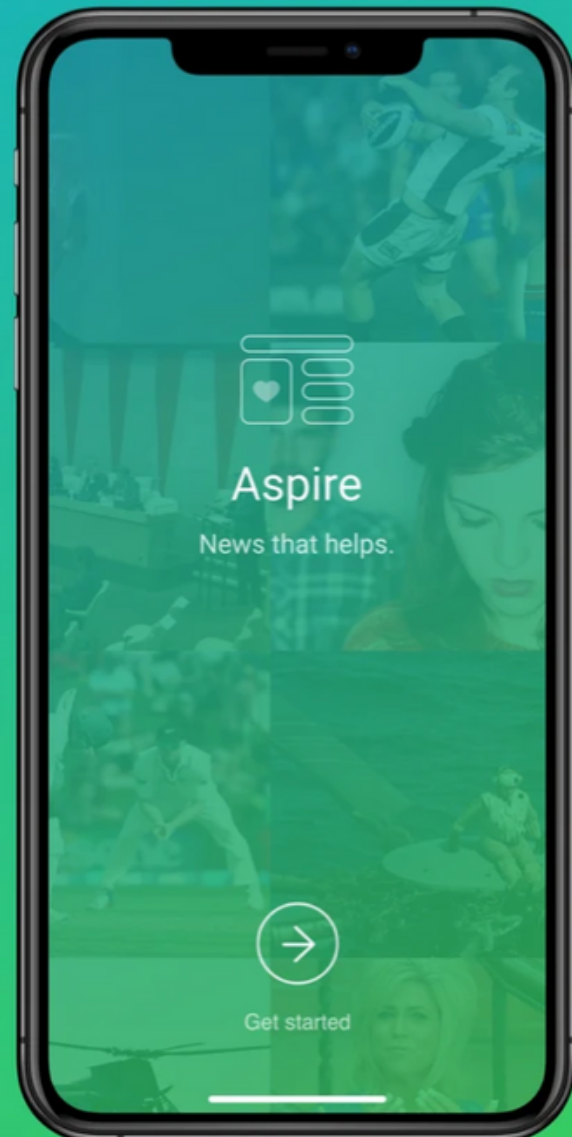
Designed for iPhone

★★★★☆ 2.8 • 197 Ratings

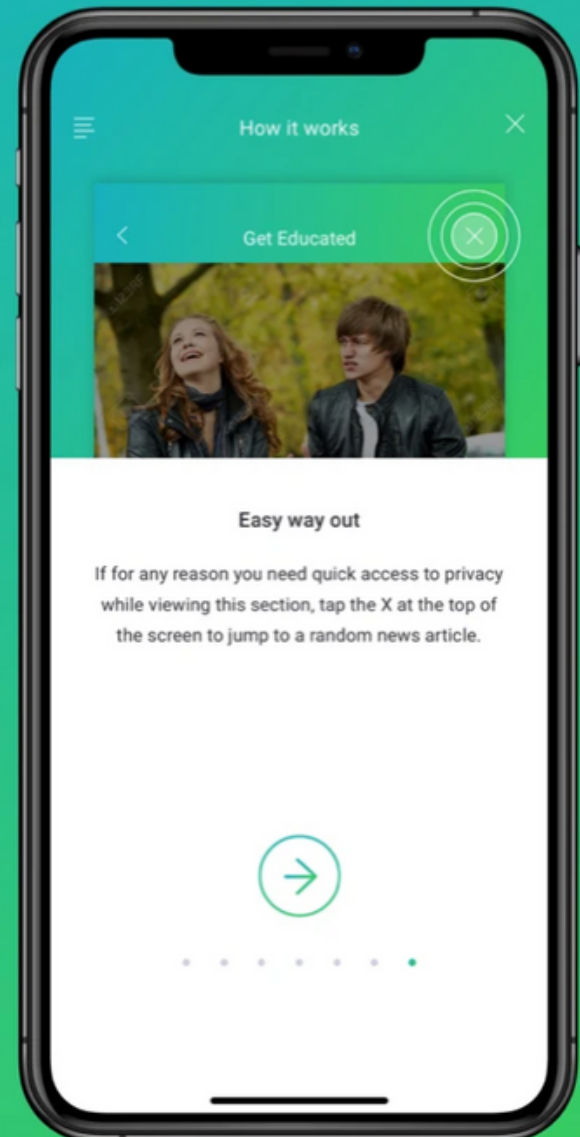
Free

[View in Mac App Store ↗](#)

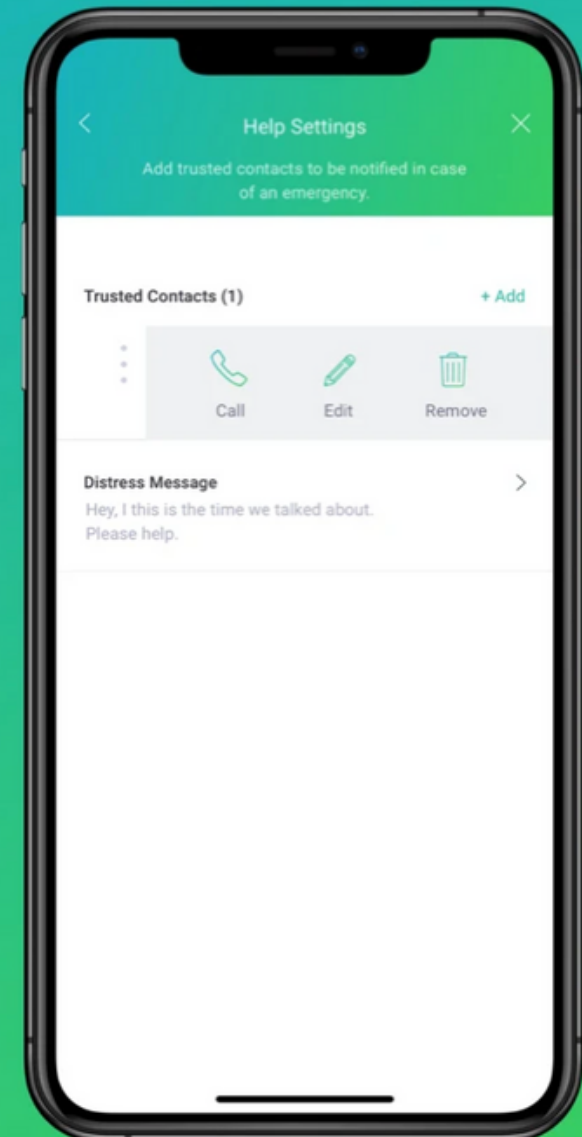
Aspire gives your news that helps.



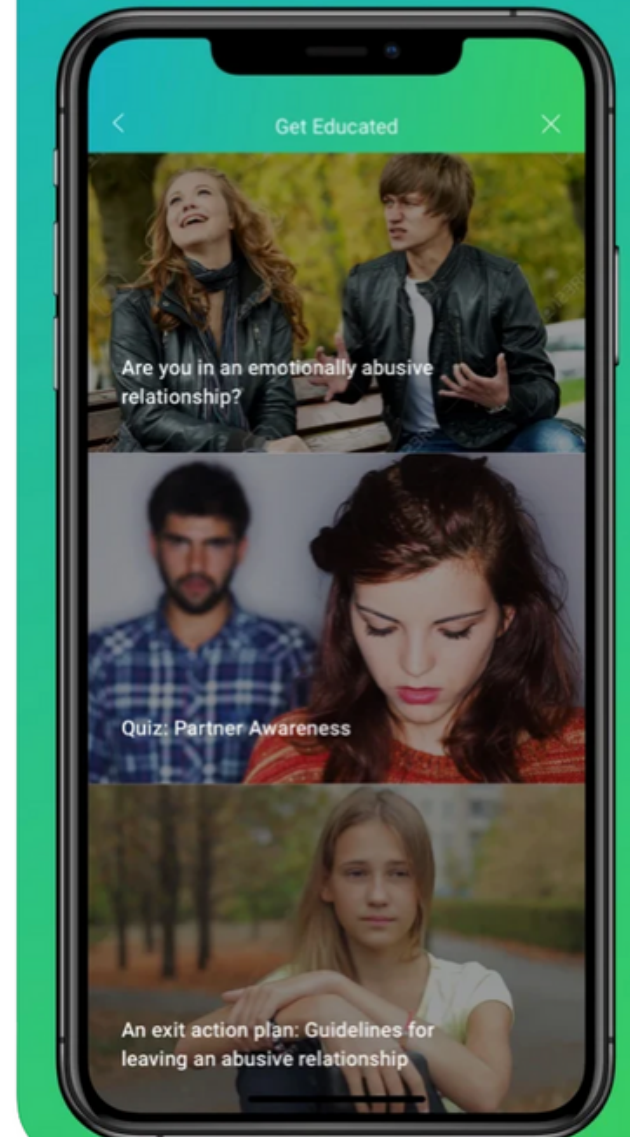
We care about your privacy.



Contact someone you trust.



Be aware & get educated.





RU Safe 4+

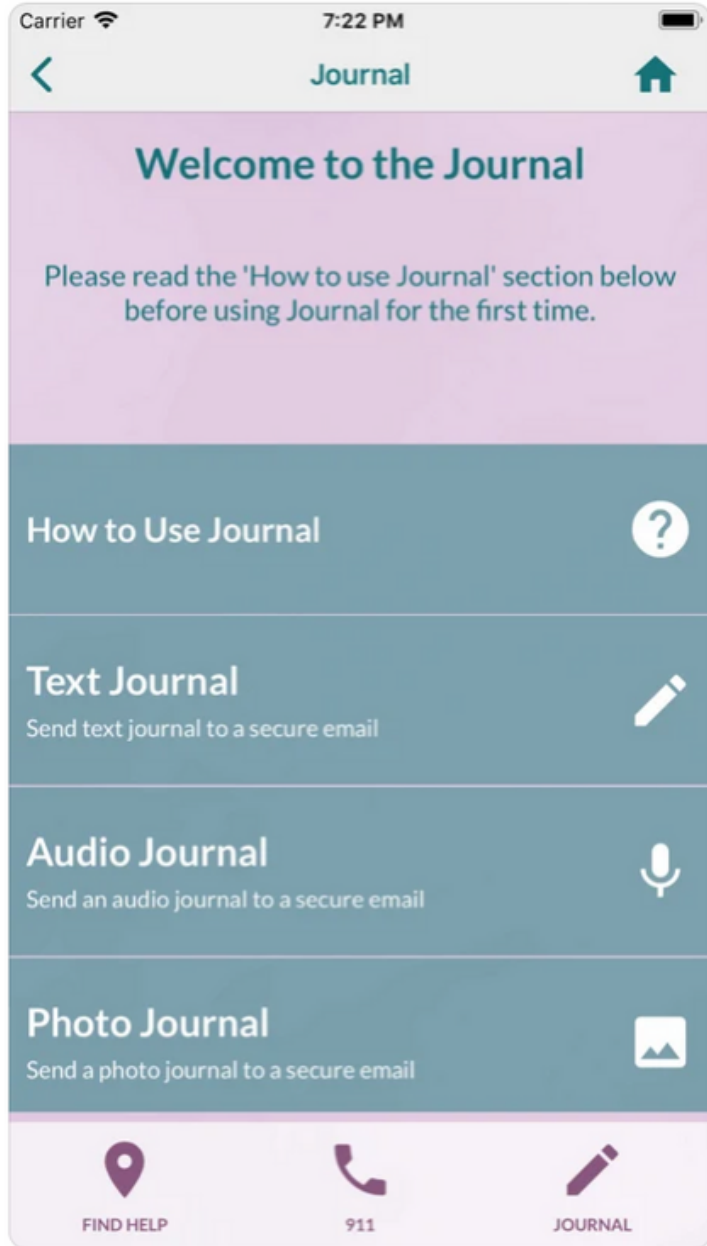
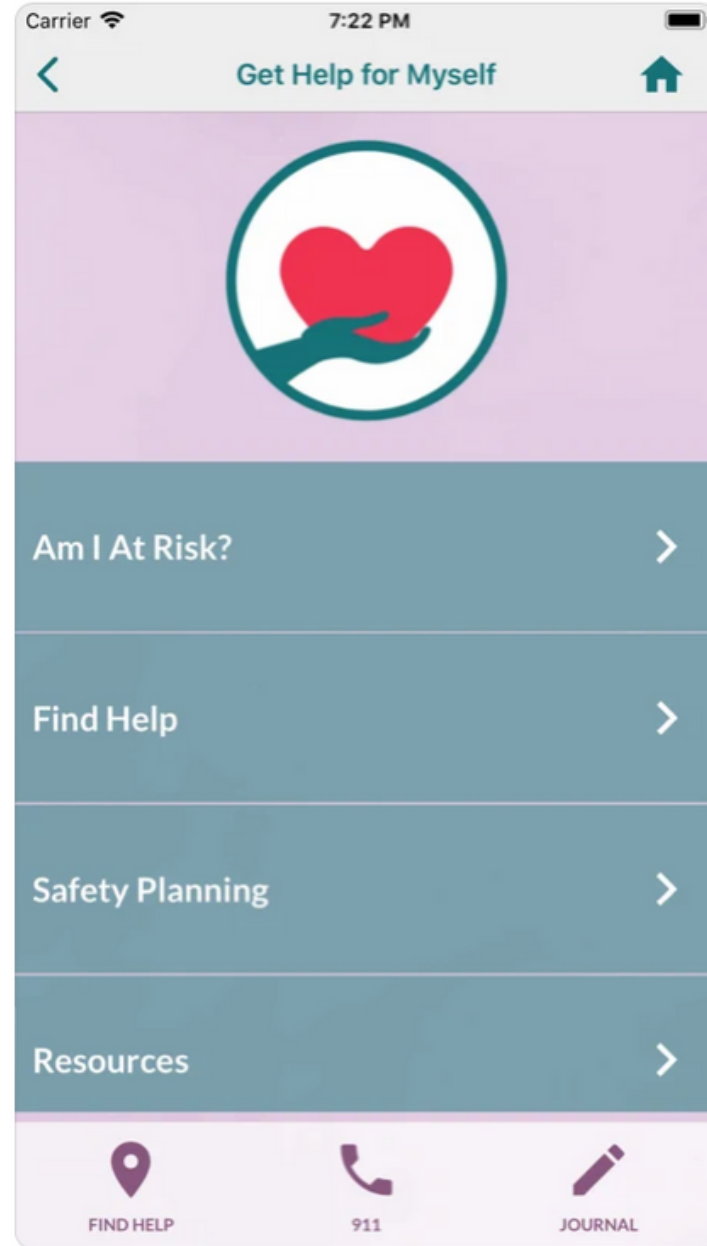
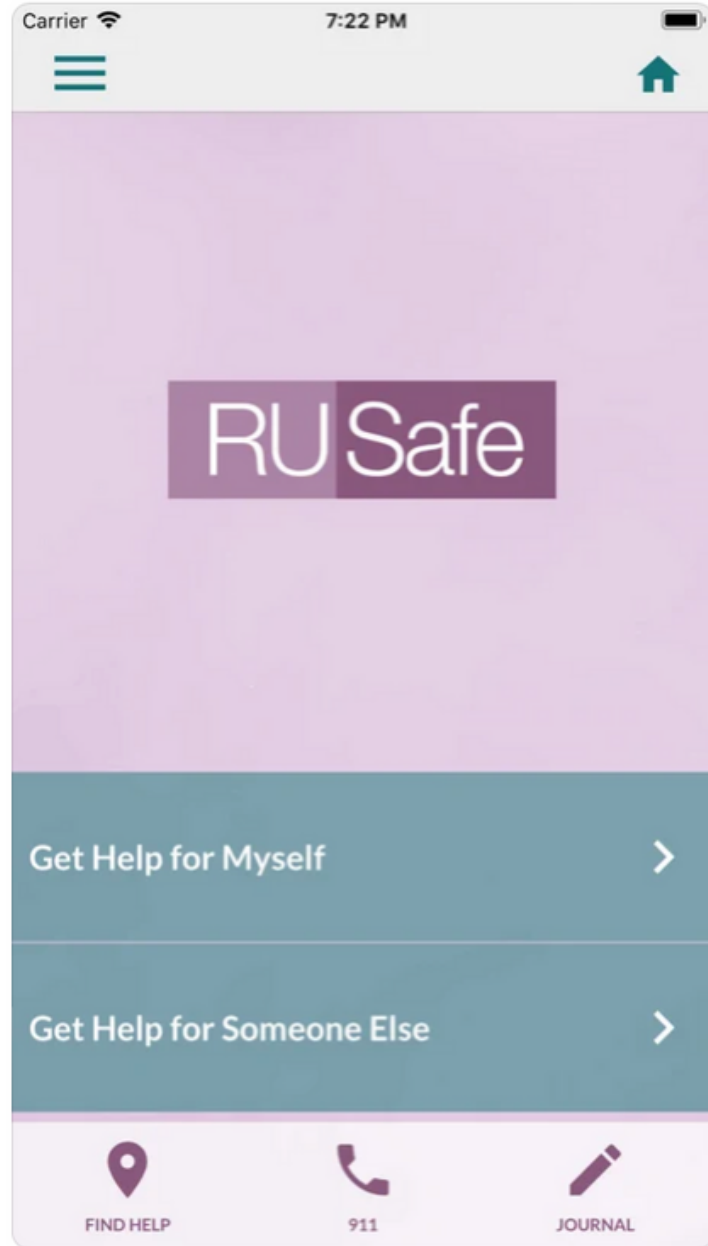
Women's Center and Shelter of Greater Pittsburgh

Designed for iPad

★★★★★ 4.4 • 14 Ratings

Free

[View in Mac App Store ↗](#)





myPlan App 12+

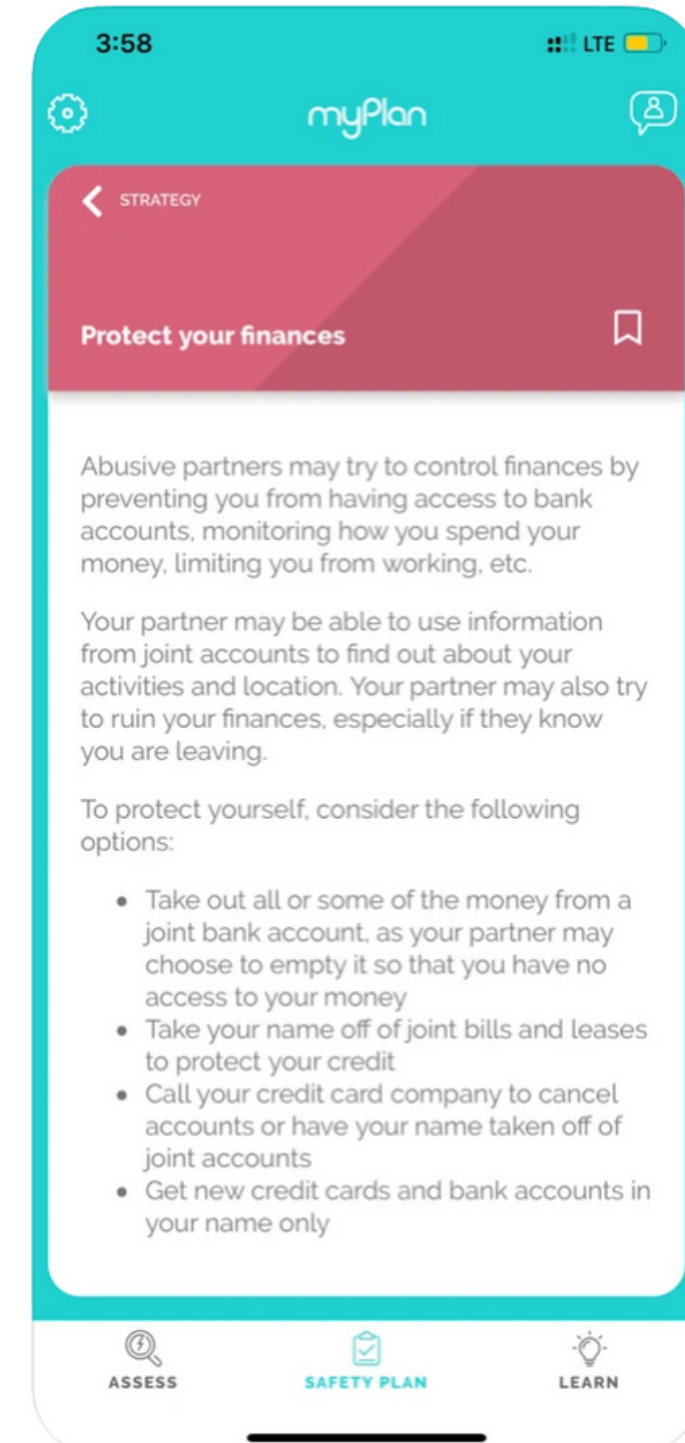
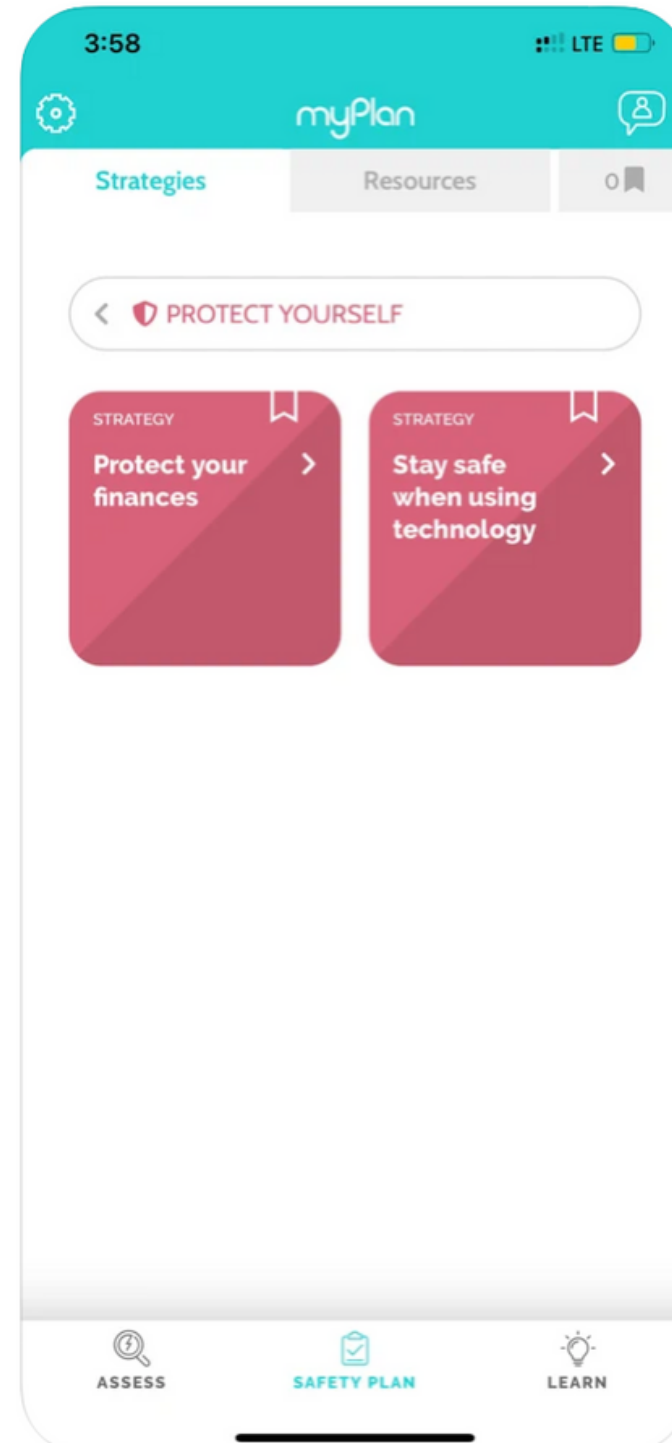
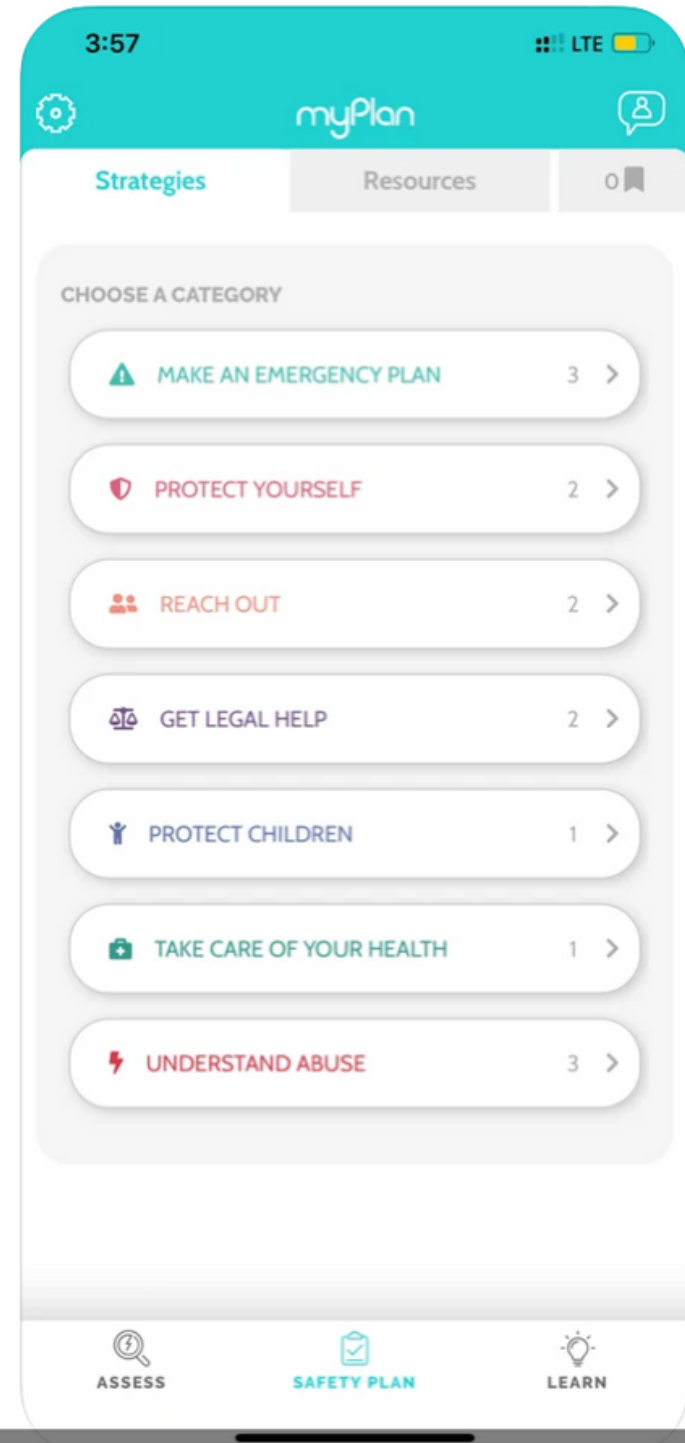
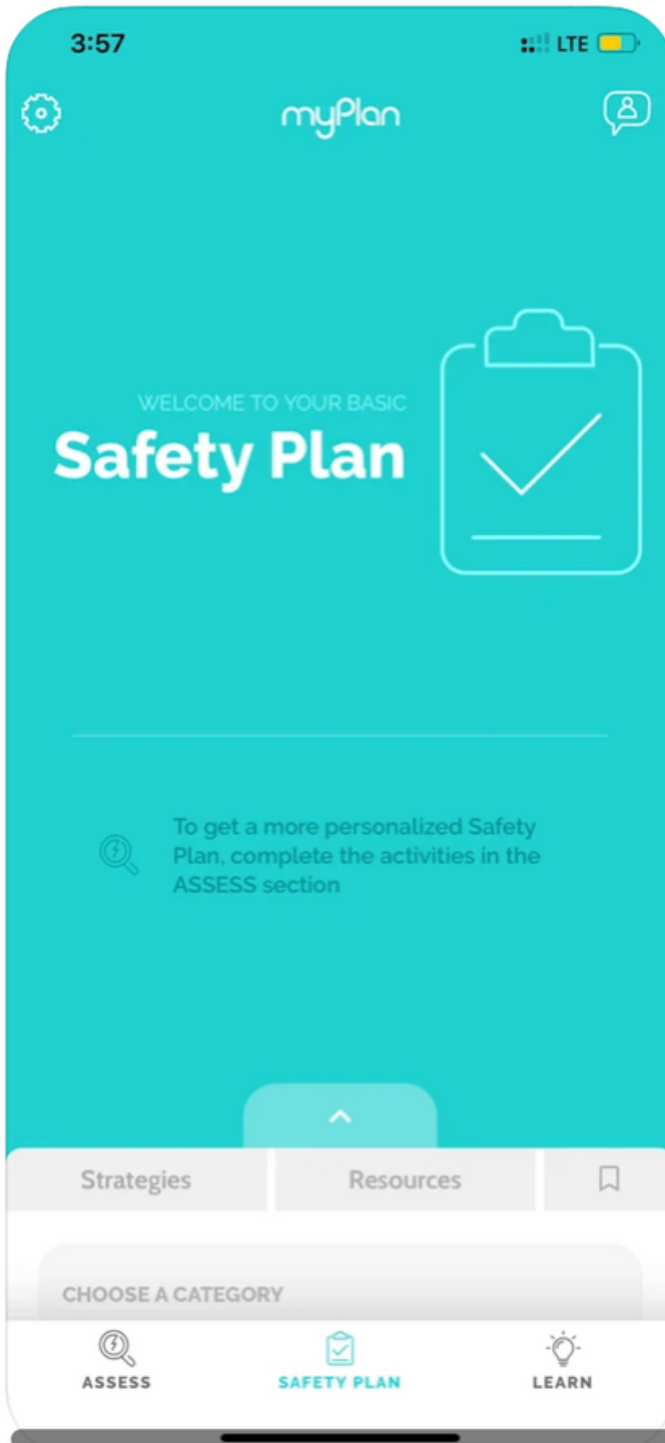
Mongoose Projects

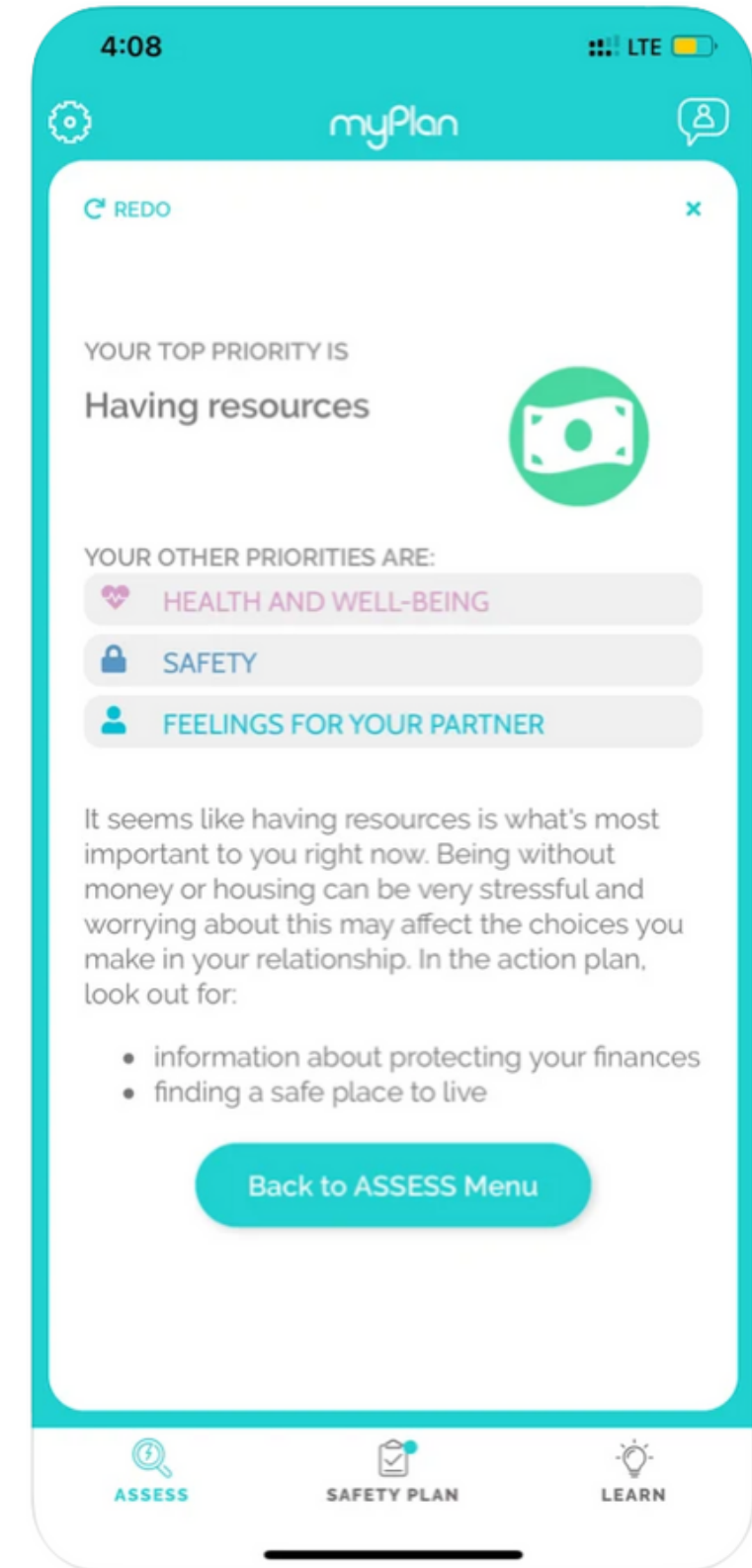
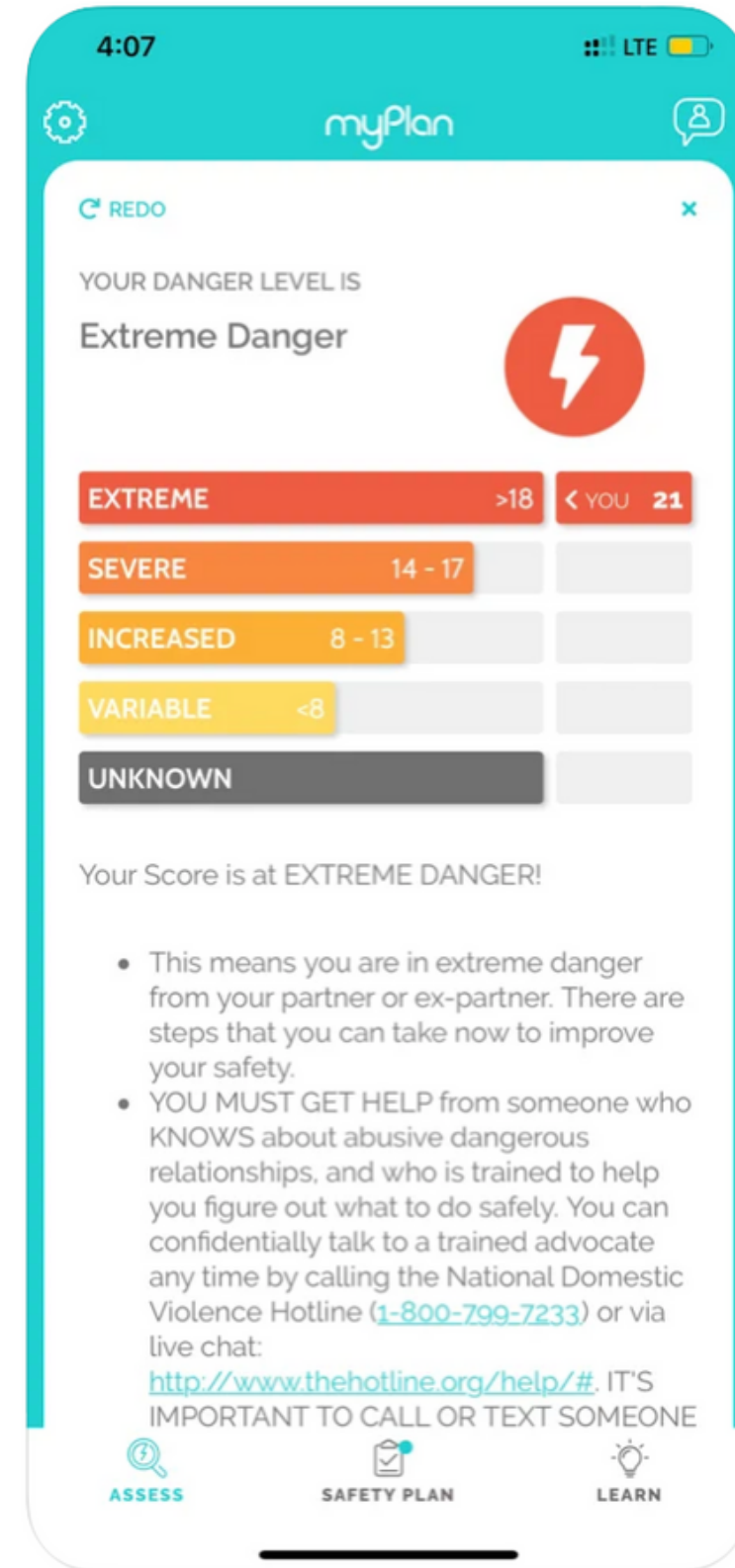
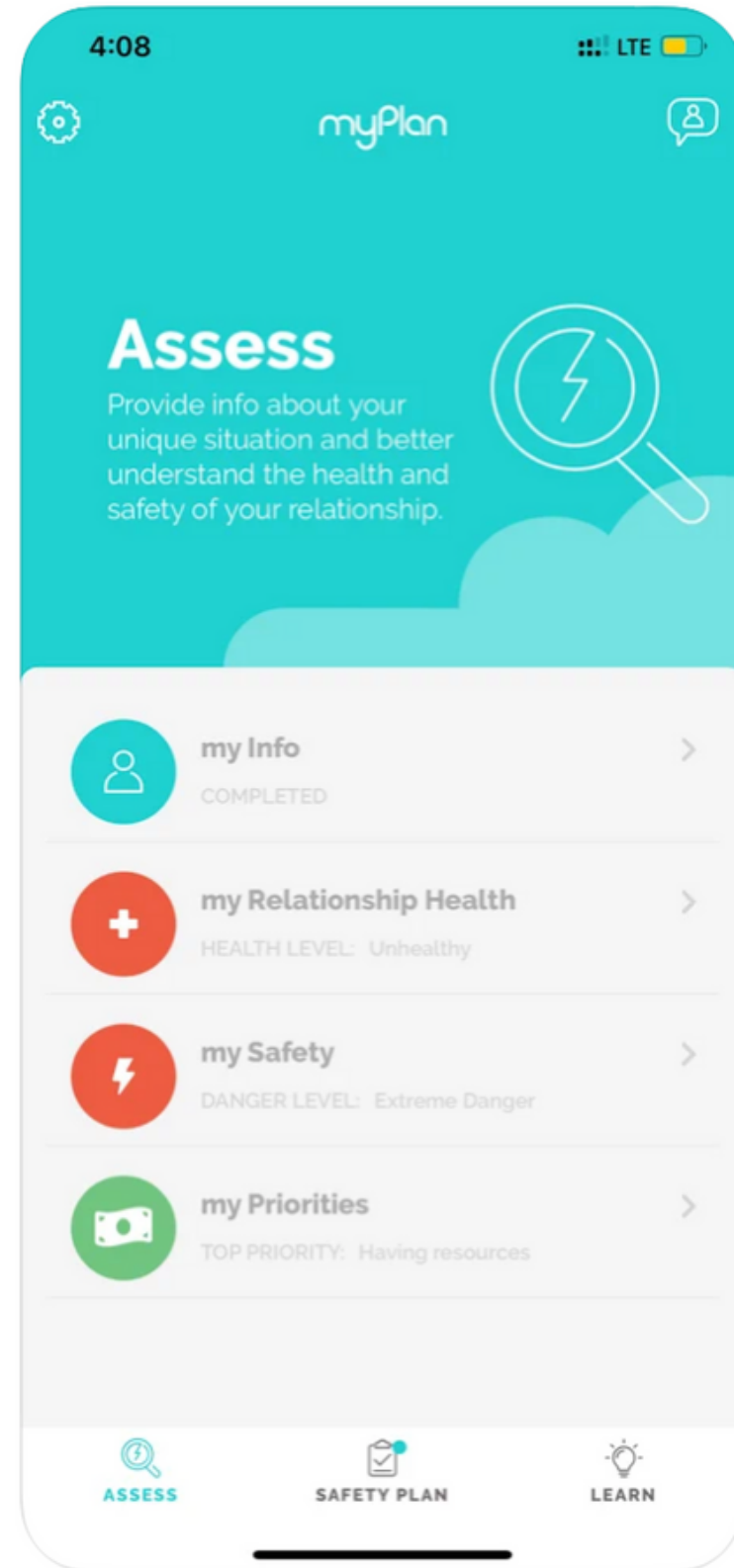
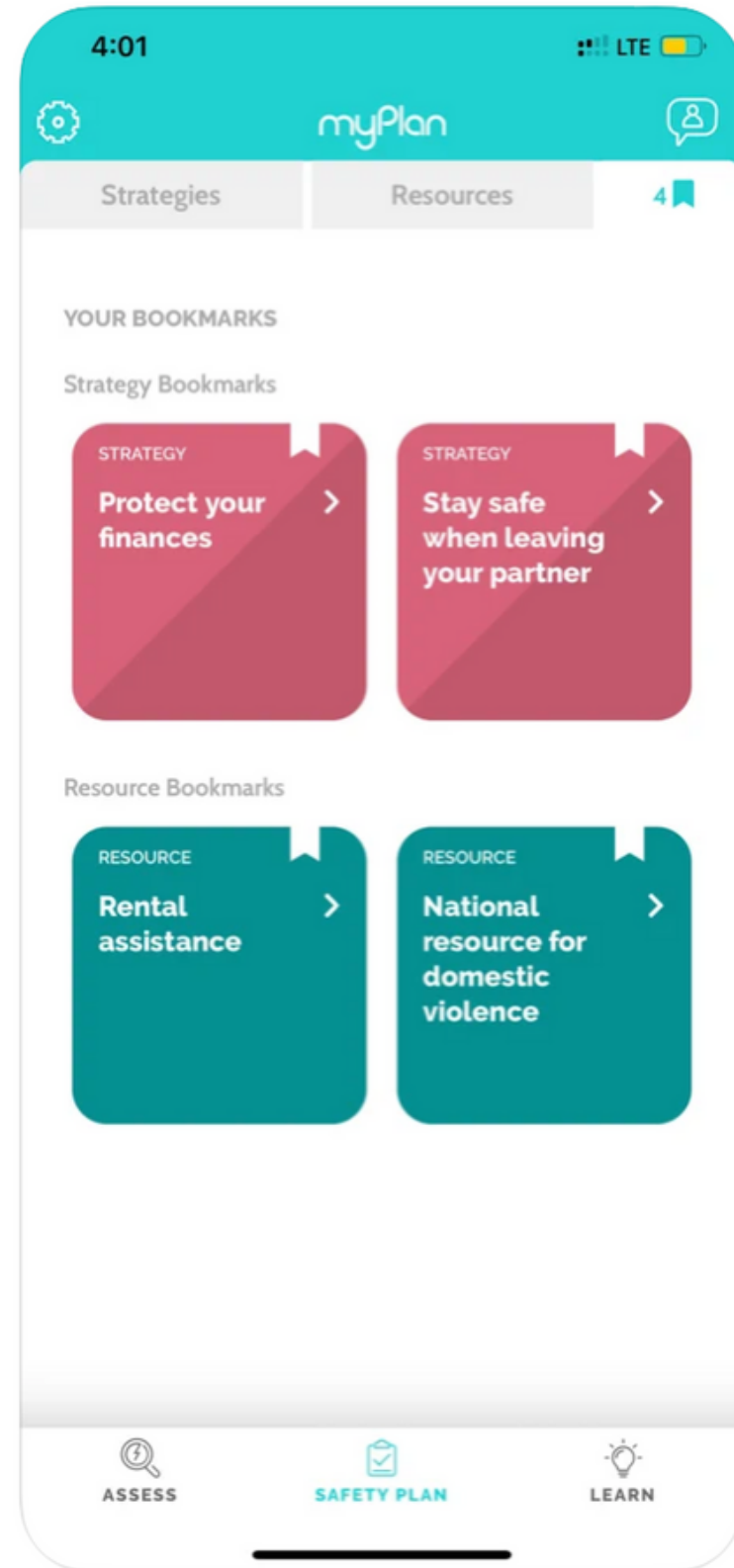
Designed for iPad

★★★★☆ 2.8 • 23 Ratings

Free

[View in Mac App Store](#)







Círculo 4+

Safety starts with community

Postmodern Apps LLC

Designed for iPad

Free

[View in Mac App Store ↗](#)

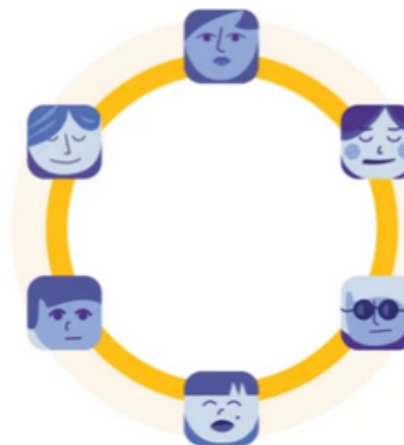
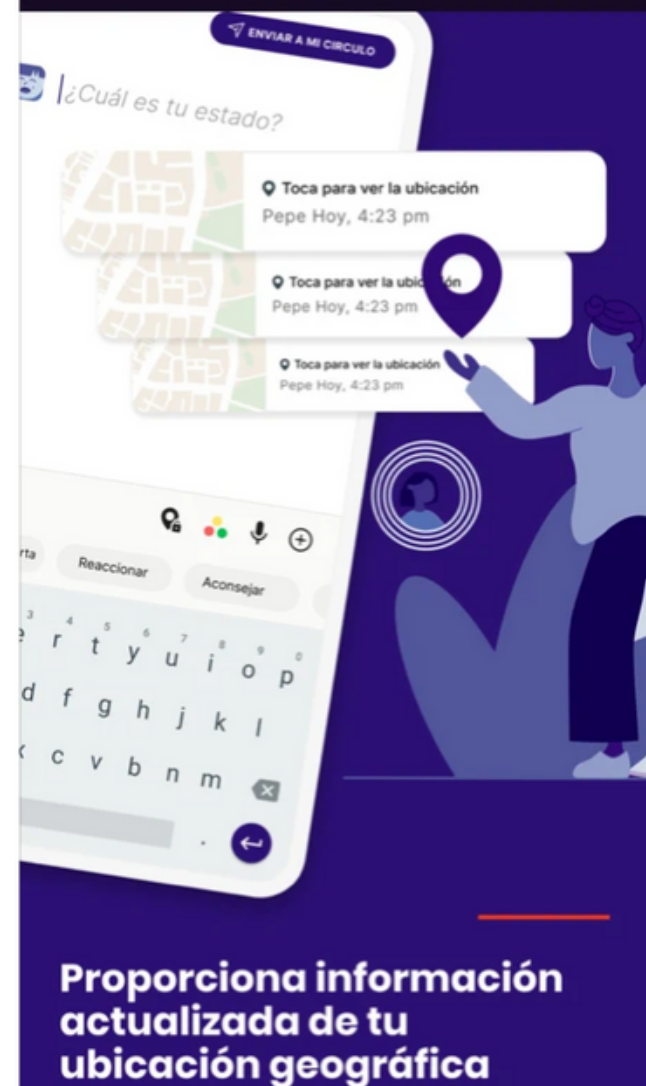
Mantente informada

Círculo prioriza las comunicaciones que más necesitan atención.



Pide ayuda

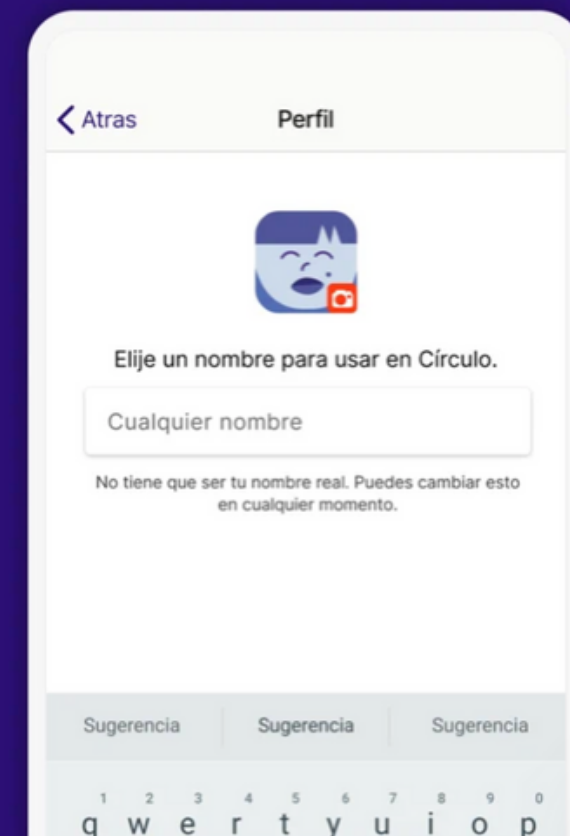
Envía alertas a personas de confianza cuando lo necesitas.



Construye confianza colectiva

Círculo es un lugar seguro para conectarte con un grupo de amigos de confianza.

No es necesario tu número de teléfono o tu email. Tampoco necesitas usar tu nombre verdadero!



1

Decide who will be in your circle

A circle is made up of 6 trusted peers who collectively agree to support one another.

2

Identify your safety protocols

Proper safety protocols can make a difference. Establish ones that make sense for your circle. Article 19 can help.

[Visit Seguridad Integral](#)

3

Form a social agreement

Talk with your circle about what you need from each other. The 'Find me on Circulo' game is designed to aid this discussion.

[Get the game](#)

4

Use Círculo to stay connected

To get started, download the circulo app and create an invite link for your circle.



No email or phone number



Encrypted conversations

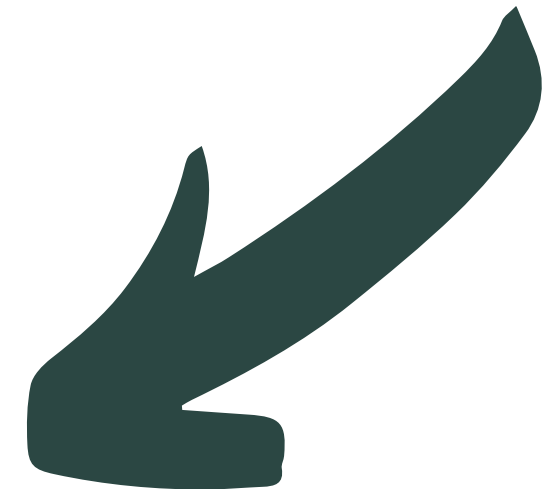


Lock & disguise features



No histories stored

Please note: The app in itself does not provide emergency response. It simply helps you inform people and indicate what you need. An internet connection is required to send and receive messages.





bSafe - Never Walk Alone 4+

Personal safety app

[Bipper USA, Inc.](#)

★★★★☆ 3.1 • 152 Ratings

Free · Offers In-App Purchases

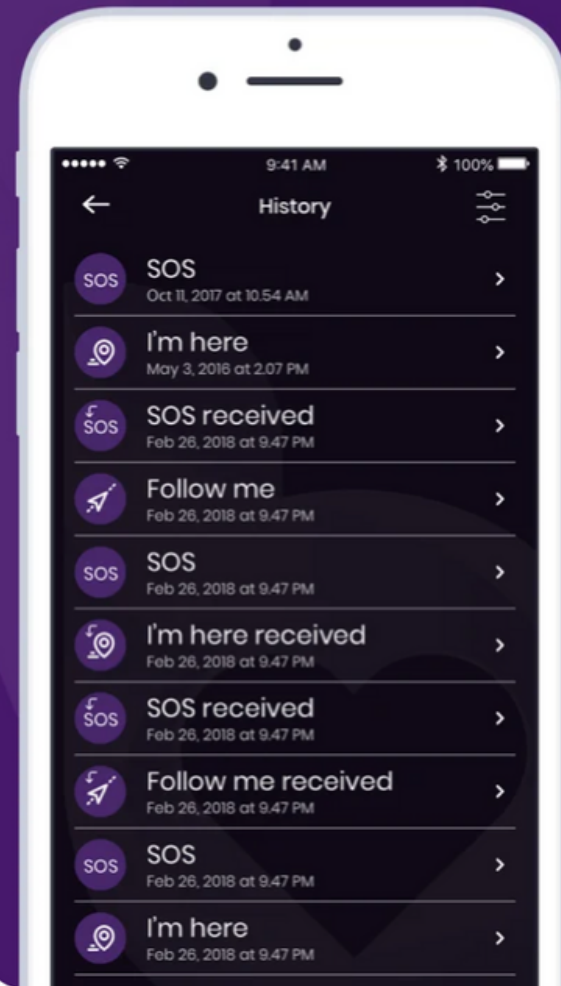
Live streaming

Your guardians will see and hear everything in real-time via live streaming.



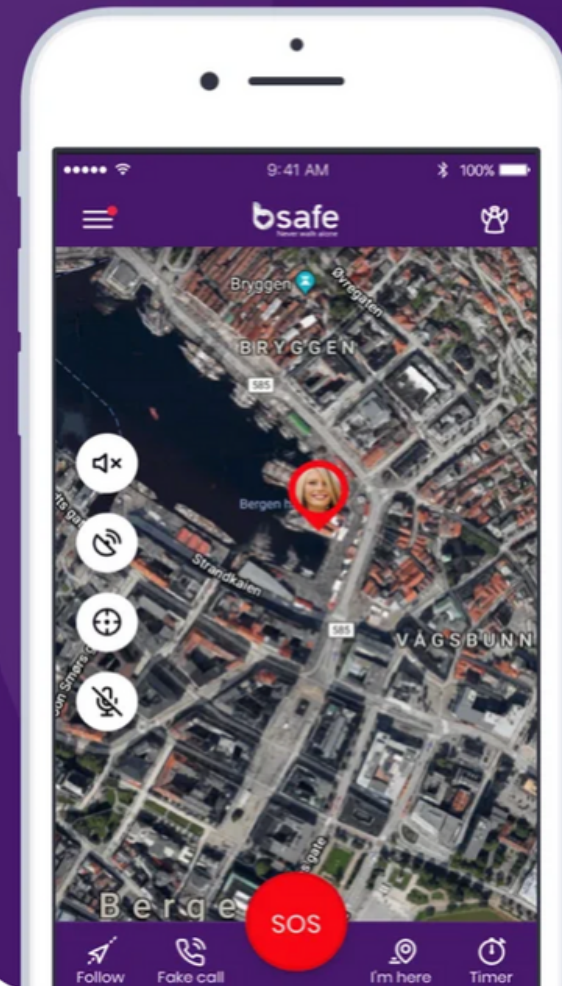
Recording

When the SOS is activated, video is automatically recorded.



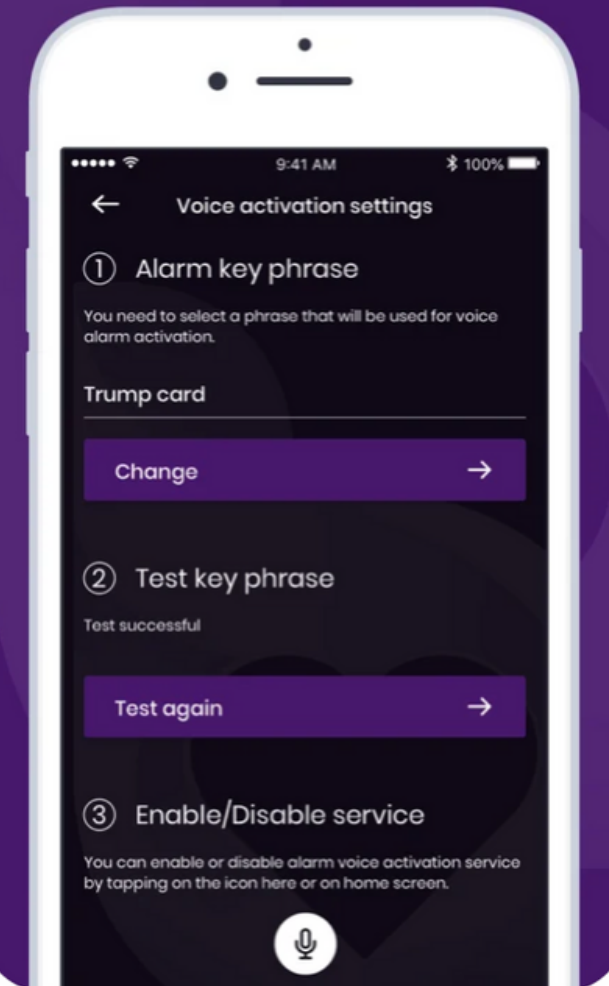
SOS button

Get help when and where you need it. Send SOS signal with current location to your guardians.



Voice activation

Activate alarm by voice - you will not need even to touch the phone.



Abusive partners and others may track your visits to this web page. You can quickly leave this website by pressing the 'Exit' button below. [Stay Safe](#)



NYC HOPE

Home


Resources

Recognize Signs

Support Others

Search NYC Hope

NYC Domestic Violence Hotline [800-621-4673 \(HOPE\)](tel:800-621-4673) | In an emergency call 911



NYC HOPE can connect you to resources to help you or a loved one experiencing dating, domestic, or gender-based violence.

NYC Family Justice Centers are here for you. Call for services or support, including immediate safety planning, shelter assistance, and other vital services. You can also find additional [Resources For Survivors During COVID-19](#).



Abusive partners and others may track your visits to this web page. You can quickly leave this website by pressing the 'Exit' button below. **Stay Safe**



NYC HOPE

[Home](#)[Resources](#)[Recognize Signs](#)[Support Others](#)

NYC Domestic Violence Hotline [800-621-4673 \(HOPE\)](tel:800-621-4673) | In an emergency call **911**

Available Services

Neighborhood Services

[Family Justice Centers](#)[City and State Resources](#)

- Child Support Civil Legal Services
- Court/Police Accompaniment
- Crisis Counseling
- Custody/Visitation Civil Legal Services
- Emergency Financial Assistance
- Emergency Transportation
- Family Court Legal Services
- Healing Arts/Theatre Programs
- Health Services
- Holistic services (yoga/meditation)
- Housing Assistance
- Housing Legal Services
- Immigration Legal Services
- Job Readiness – Employment
- Job Readiness – Information
- Job Readiness – Vocational Training
- Job Readiness – Vocational Training

